

A. Ivanova, Student
N. Samborska, PhD in Ped, language advisor
CHEI "Zhytomyr Medical Institute" Zhytomyr regional council

PARTICIPATION IN RESOLVING FAMILY CONFLICTS AS A PROFESSIONAL SPHERE OF A FAMILY NURSE

The aim of the article is to reveal the main causes of family conflicts and ways to resolve them.

Family is the oldest institution of human interaction. It's a community where several people closely interact throughout life. Family is a small social group based on marriage and kinship. The members of the same family are tied emotionally. They are linked by a common life, moral responsibility, mutual assistance. Unfortunately, according to the statistics the most common forms of conflicts are family quarrels. Experts estimate that 80% of families have conflicts. [1]

Family quarrels are bitter things. They don't go according to any rules. They're not like aches or wounds, they're more like splits in the skin that won't heal because there's not enough material. [4]

The reason for most offences, disagreements and quarrels in a family is that we expect too much of those who are close to us. And when we do not get what we expected from those loved ones we think that we have the right to be offended, the right to start quarrels and disagreements. [5]

Usually when there is a quarrel in a family, aggrieved parties try to solve it themselves.

Nowadays the reasons of family quarrels are studied all over the world. Many researchers pay great attention to the role of the family doctor and his assistant - family nurse - in discovering a solution of this problem.

Special attention is paid to background of family quarrels and to their prevention due to involving family nurses.

As for Ukraine the best situation is in Western Ukraine. In Ternopil and Volyn regions this ratio is 1 divorce per 2.7 marriages and in Zakarpattia, Lviv, Rivne - 1 divorce per 3.7 marriages. The worst situation is registered in Mykolaiv and Dnipropetrovsk where every divorce accounts for less than 2 marriages.

In comparison with other parts of the country there are not significant regional diversities in Zhytomyr region - 435 divorces per 1000 marriages. In Ukraine - 457 divorces per 1000 marriages. So, in Zhitomyr 43.5% of marriages are annulled.

The global financial crisis of 2008-2010 did not affect to the number of marriages and divorces in our region. It testifies against material poverty as the main reason for the collapse of marriages in Ukraine. Thus, both material poverty and the parental status as well as years of family life don't affect to the marriage duration. Therefore, it's so important to study psychological factors of family quarrels which lead to divorces.

Divorce is an official or legal process to end to a marriage.[3] Divorce is an unfavorable, destructive type of dealing with family problems, but not the worst in comparison with murder or suicide. It is preceded by a number of psychological

conditions in the family life such as:

- dissatisfaction with family relationships;
- too demanding partner in marriage;
- propensity to conflict;
- desire to dominate in the family instead of partnership. [1]

It is very important to pay special attention to these conditions.

Compromise, cooperation, concession are the best ways and methods to solve family quarrels. But the most appropriate form of psychological aid is a friendly conversation involving a family nurse.

To work effectively the nurse must have professional competence and confidence in at least two things:

- she must be able to analyze, solve and prevent her personal conflicts;
- she must be a very skillful, experienced and diplomatic companion, a real master of communication. [2]

For that purpose, every family nurse must constantly improve herself, scrutinize Conflict management, develop her own or borrowed existing approaches and principles of solution to family conflicts.

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