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THE ROLE OF A NURSE AS A MEMBER OF A MULTIDISCIPLINARY REHABILITATION TEAM

Relevance of research. In the conditions of hostilities, the rehabilitation of servicemen is of national importance and is an important component of the country's defense capabilities.

The nurse is one of the main organizational and medical units at all levels of the rehabilitation process.

Working in a multidisciplinary team, the nurse not only performs the actual nursing manipulations, but also is the coordinator of other professionals and performs social rehabilitation functions.

The aim of the study. Develop and theoretically substantiate the organizational model of physical rehabilitation (physical therapy, occupational therapy) to ensure quality medical rehabilitation of combatants.

Research methods. To achieve this goal, bibliosemantic, medical-sociological, medical-statistical research methods were used among 90 subjects (60 patients and 30 nurses). The research was conducted during 2020 – 2021 on the basis of Zhytomyr Basic Military Hospital.

Results and discussion : As a result of the conducted sociological research it is substantiated and confirmed that participants of hostilities belong to a special contingent of patients who demand application of specially developed, in some cases even individual system of medical – rehabilitation measures. Successful recovery of a wounded soldier by 80% depends on the effectiveness of this process.

The purpose of medical rehabilitation of combatants is to provide appropriate conditions for the restoration of lost body functions and the development of compensatory properties of the body and adaptation to conditions in everyday life and work. [1, p. 14]

The form of activity of the multidisciplinary team is a meeting of all members (doctor, rehabilitation specialist, physiotherapist, psychologist, nurse), during which an individual rehabilitation plan is developed based on the results of the rehabilitation examination, the results of monitoring and evaluation of the intervention plan are considered. [2, p. 419]

At the initial (inpatient) stage of rehabilitation, the nurse spends more time with the patient – a participant in hostilities than the doctor and performs medical appointments and rehabilitation, according to the established individual program, thus providing medical rehabilitation and treatment of disease. [3, p.16-17]

The role of a nurse as a member of a multidisciplinary rehabilitation team at different stages of inpatient rehabilitation:

I stage: expert diagnosis: detection of the underlying disease – the nurse performs all prescribed by the doctor examination to confirm the diagnosis;

II stage: prognosis – the nurse, using the data obtained during the nursing examination of the combatant and entered in the «Nursing History of Health», participates

in assessing the rehabilitation potential of the combatant and determining the achievement of rehabilitation goals and drawing up an individual rehabilitation plan.

III stage: the nurse participates in the formation and implementation of rehabilitation goals, organizes the necessary care and monitors the state of vital functions of the body, to meet physiological needs, meet security and social needs, prevents complications that may occur during the process rehabilitation, provides emotional support to the combatant and his relatives.

IV stage: control and evaluation of the effectiveness of rehabilitation – reports on changes in the general condition of the patient, the elimination of problems that were present in the assessment of rehabilitation potential and reports on the effectiveness of the rehabilitation process according to the combatant (using a questionnaire he filled out).

Conclusions: The research proved the role of the nurse in the rehabilitation process, because the nurse is one of the main organizational – medical units at all the most important levels and areas of the recovery process. The nurse plays a significant role in the rehabilitation process of combatants, performs doctor's appointments and teaches patients – combatants to follow the recommendations, organizes a comfortable rehabilitation process of combatants and is an important member of the multidisciplinary team.

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