GAMES AND THEIR IMPACT ON DEVELOPMENT

At this stage of human development, people have invented games and I would like to see how exactly games affect development and how they help people.

The purpose of this thesis is to determine the impact of games on the development of humanity, to see how games are useful and to see their disadvantages and advantages.

Games are one of the most popular activities among children and adults, and they can have a significant impact on personality development. Games can be of different types, from computer games to sports games, and can include different forms of activity, from physical exercise to intellectual challenges. These games can have both positive and negative effects on human development.

<u>Positive impact of games on development.</u> Games can have a positive impact on human development in various aspects. For example, some games can help develop social skills such as cooperation, communication and leadership. Such games can also help in the development of creativity and innovative thinking. Some computer games can also help improve visual dexterity and motor coordination. Games can also be an effective tool for learning and the learning process.

<u>Negative effects of games on development.</u> Although games can have positive effects on development, they can also have negative effects on a person. Some computer games can be very violent and depict cruelty and aggression, which can affect the development of a child's behavior and emotional stability. Also, some games can lead to addiction and loss of control over the time spent on the game. This can have a negative impact on behavior and academic and professional performance.

Conclusion: so, as we see, games have both positive and negative effects on human development, but very often games that can have a bad effect on a child's emotional stability have an age limit. In my opinion, games have a high impact on the development of a person and his personality.