

THE ANALYSIS OF EARLY PREGNANCY PROBLEMS IN ZHYTOMYR REGION

Objectives. The goal of this research is to look into the various causes of teenage pregnancy in order to deal with this issue carefully; to analyze the statistical data on teenage pregnancy in the Zhytomyr region and to possible ways of preventing this problem by means of psychological support services and sex education.

Methods and Materials. Analysis of statistical data on the causes of early pregnancy and the outcomes of the pregnancy in Zhytomyr region over the last several years was performed.

Findings. Analysis of various causes of teenage pregnancy within 2019-2020 period of time reveals that the most common ones included: socio-economic factors; psychological factors; adolescent sexual behavior; lack of discipline and control; sexual abuse of teenage girls. Statistic data show different outcomes of early pregnancy: premature labor and/or delivery; anemia; preeclampsia; having a baby with a low birth weight. Since pregnancies among teenagers were unintended, they ended in 30% with a abortion, most of them happened within 22-27 weeks of pregnancy, affecting teenagers' health badly and causing often infertility and gynecological diseases in the future. Within 2019-2020, the number of abortions reduced to 20% in comparison to the year of 2017. The number of miscarriages among teenagers increased to 10% in comparison to the year of 2018.

Conclusions. All adolescents and their families must receive information on safe contraceptives; be aware of the dangers of possible complications caused by early pregnancy as well as by unsafe abortions. There should be developed educational programs, professional trainings in the area of adolescent pregnancy prevention.

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