## WINTER SKIING IN SLOVAKIA, FIS HOTEL

The aim of this study was to investigate the skiing resorts of Slovakia and describe the duties of interns at the Hotel FIS.

## 1. General Information About Internships in Slovakia

I first went on an internship to Slovakia at the age of 17, and it was here that I learned a lot related to my specialty. Štrbské pleso (Slovak: Štrbské pleso) is a lake in the High Tatras, Slovakia. It is located on the southern side of Kryvan Mountain at an altitude of 1335 m above sea level, with the area of 19.8 hectares, and depth up to 20 m. On the southern shore, the resort of the same name has been operating since 1885, the highest in the High Tatras [1].

# 0. Description of Hotel FIS in the High Tatras

In the Slovak High Tatras, in the very popular mountain resort of Štrbské Pleso, you will find the FIS Hotel. It is a great place for winter sports and enjoying nature. Direct access to the ski slopes, ski jumps and cross-country ski trails at Štrbské Pleso makes the FIS Hotel the best choice for winter sports enthusiasts. The hotel offers a wide range of rooms including standard rooms, superior rooms, family rooms and apartments. Many rooms have wonderful views of the lake and mountains. The hotel has a certain history connected with the sporting events at Štrbské Pleso. It was built for the FIS World Ski Championships in 1970, hence its name [2].

# 3. Responsibilities of Intern Waiters at Hotel FIS

- Assisting the main waiters in preparing the restaurant hall for the opening.
- Taking orders from guests (under the supervision of experienced waiters).
- Serving drinks and meals to guests.
- Clearing used dishes from tables.
- Carrying out orders from senior waiters.
- Assisting in the preparation of simple drinks and dishes.
- Replenishment of supplies of dishes, drinks and other necessary materials.
- Familiarization with the menu, ingredients and drink menus.
- Studying the rules of etiquette and standards of guest service.
- Familiarization with safety and hygiene rules.

### 4. Responsibilities of Intern Bartenders at Hotel FIS

- Assistance in preparing the bar for the opening.
- Assistance in replenishing stocks.
- Preparing simple drinks (coffee, tea, juices, water) yourself.
- Regular cleaning of the work area, bar counter and equipment.
- Washing dishes and bar equipment.
- Garbage removal.
- Meeting customers and taking drink orders.
- Serving drinks to customers.
- 5. Requirements for Interns
- Ability to work for the entire internship period (which may vary).

- Willingness to work required hours, which may include evenings, weekends, and holidays, depending on the department.
- Ability to adapt to different situations and tasks.
- Ability to stand on one's feet for extended periods of time.
- Ability to lift and carry moderate weights.
- Professional appearance and manners.
- Reliability and punctuality.
- Positive attitude and willingness to learn [3, p 320].

#### 6. Internship Conditions at Hotel FIS

Internships can be paid or unpaid. Paid internships may include a monthly stipend or hourly pay. The amount of pay depends on the hotel, region, and length of the internship. Meals may be provided free of charge. Possibility to receive a letter of recommendation.

### 7. Challenges and Difficulties of the Internship

- Routine and monotonous tasks.
- High workload and high level of responsibility.
- Disappointment due to not meeting expectations.
- Insufficient support and mentoring.

#### Conclusion

An internship at FIS Hotel is a useful opportunity for those who want to try their hand at the hotel business. It is like the first steps in the professional world, where you can see how everything works from the inside, learn how to serve guests and meet the right people.

But it is worth remembering that not everything is always easy. The salary may be low, you will have to do not very interesting work, or there will not always be enough support. For the internship to go well, it is important to show initiative yourself, not be afraid to ask questions and actively learn.

#### REFERENCES

1. Booking.com

2. TMR Hotels Global Home (Official hotel page)

3. Malska M. P., Antonyuk N. V., Zanko Yu. S., Ganych N. M. Local history: theory and practice. Textbook. — Kyiv: Center for Educational Literature, 2012. — 528 p. — P.437 ISBN 978-611-01-0288-9